



CITRIN PLUS

- **A dietary supplement to support weight management.***

Citrin® Plus

- Stimulant Free
- Helps curb appetite and reduce food intake*

FORMULA:

Chromium polynicotinate (Chromemate® Brand)

- Chromium helps support lean body mass.*
- Chromium supports glucose levels within normal ranges and supports metabolism of lipids in the body.*
- ChromeMate® brand Chromium is a highly bioavailable form of chromium.*
- ChromeMate® is a registered trademark of InterHealth Nutraceuticals.

Garcinia cambogia extract

- **Citrin® Plus** contains an extract isolated from *Garcinia cambogia*, a fruit native to India.
- The active ingredient in the extract is hydroxycitrate (HCA).
- HCA reduces the conversion of carbohydrates into stored fat by inhibiting certain enzyme processes.*

Hydroxycitrate (HCA)

- HCA may be a useful for weight management because it:

- **Reduces Fat Formation.**

It reduces fatty acid synthesis by approximately 40-70% for eight to twelve hours following a meal.*

- **Reduces Food Intake.**

It suppresses appetite and reduces food consumption by about 10 percent.*

Citrin® Plus Quality

- **Citrin® Plus** is a superior source of standardized high-potency HCA. Every batch of **Citrin® Plus** is certified by independent laboratory analysis using high performance liquid chromatography.
- For faster results use in conjunction with diet and exercise.

Citrin® Plus Advantage

- Studies have shown that it is very safe and won't cause side effects or lead to tolerance.

Supplement Facts

Serving Size: 1 Capsules

Amount Per Serving

Niacin	0.7 mg
Chromium (as Cr. Polynicotinate)†	100 mcg
Garcinia cambogia Extract	500 mg
yielding Hydroxycitrate	250 mg

†ChromeMate® brand niacin-bound chromium.

Other Ingredients: gelatin, vegetable stearate, silica.

Warning: If pregnant or nursing, consult your health care practitioner before taking this product.

- **Suggested Use:** As a dietary supplement, take 1 capsule, 30 to 60 minutes before each meal with a full glass of water.

ChromeMate® is a registered trademark of InterHealth N.I.

CHROMEMATE®

0600719.090 (90 Capsules)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease

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