



BEHAVIOR BALANCE-DMG LIQUID AND CAPSULES

- **Behavior Balance-DMG™ is a phenol free dietary supplement to support balanced behavior, social interactions, immune system function, and manage stress.***

Recommended for:

- Balancing behavior and socialization skills.*
- Helping to cope with stress.*
- Improving mental clarity.*
- Supporting immune system functions.*

Behavior and Social Skills Support:

- **Dimethylglycine (DMG)** has been reported to modify and improve behavior, eye contact, social interaction, verbal skills, mental alertness, brain function, and may reduce lethargy.* It is a precursor to many amino acids and neurotransmitters that aid in brain and nerve function.*
- **Betaine (trimethylglycine)** helps improve behavior, increase social interaction, improve circulation, normalize amino acid metabolism, and protects the liver from fat deposits.* Betaine is a precursor to DMG.
- **Vitamin B6** supplementation results in improved behavior, better eye contact, less involuntary physical action, and more interest in participation.*
- **Folic acid** helps in the metabolism of the amino acids used by the brain and may improve symptoms associated with attention deficit.*
- **Vitamin B12** enhances sleep patterns, and improves production of the neurotransmitter acetylcholine, which assists in memory and learning.*

Stress Management and Mental Clarity:

- Magnesium is a mineral that improves cognitive function and is essential for normal brain and nervous system functions.*

Immune System Support:

- **DMG** helps the body adapt to various forms of stress and supports the immune system.* Three U.S. Patents on DMG have been awarded to Mountain Naturals based on 20 years of extensive research into the benefits on DMG.
- **Zinc** promotes a healthy immune system, and helps fight the formation of free radicals.*
- **Available in** an easy to swallow vegetarian capsule or a great tasting cherry flavored liquid.
- **Behavior Balance-DMG** capsules also contain Vitamin E and L-Carnosine. These additional antioxidants help modulate the immune system and improve nerve transmission.*

Supplement Facts

Amount Per 1/2 Tablespoon

Vitamin B6 (Pyridoxal 5-Phosphate)	30 mg
Folic Acid	400 mcg
Vitamin B12 (Methylcobalamin)	10 mcg
Magnesium (as Magnesium Malate)	30 mg
Zinc (as Zinc Citrate)	1.5 mg
Dimethylglycine HCl	200 mg
Betaine HCl	25 mg

Other ingredients: USP purified water, xylitol, natural black cherry flavor (phenol free), potassium sorbate, natural color (from red cabbage extract).

- **Suggested Use:** As a dietary supplement
Under 6 years: 1/2 tablespoon daily.
6-12 years: 1/2 tablespoon, twice daily.
Over 12 years: 1/2 tablespoon, 3 to 4 times daily.

WARNING: If you are pregnant or nursing, consult your healthcare practitioner before taking this or any nutritional product.

0600414.120 (12 fl. oz. Natural Cherry Flavored Liquid)

Supplement Facts

Amount Per 2 Capsules

Vitamin E (as d-alpha tocopherol succinate)	16.66 IU
Vitamin B6 (as Pyridoxine HCl 50% and Pyridoxal-5-Phosphate 50%)	33 mg
Folic Acid	266 mcg
Vitamin B12 (as Methylcobalamin)	10 mcg
Magnesium (as Mg Aspartate)	17 mg
Zinc (as Zn Amino Acid Chelate)	1.66 mg
Dimethylglycine HCl	133 mg
L-Carnosine	133 mg
Betaine HCl	67 mg

Other ingredients: rice flour, vegetable cellulose, vegetable stearate.

- **Suggested Use:** As a dietary supplement
4-6 years old: 2 capsules daily.
6-12 years: 2 capsules, twice daily.
Over 12 years: 2 capsules, 3 or 4 times daily.

0600415.120 (120 Vegetarian Capsules)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease

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