



SOY PROTEIN POWDER

- **Mountain Naturals Soy Protein Powders are made with Soy Protein that is Non-GMO**

- **Mountain Naturals Soy Protein Powders**
 - Sugar Free
 - 90% protein
 - Rich in isoflavones and branched chain amino acids
 - Available in Chocolate and Vanilla flavors

- **Recommended for:**
 - Athletes/body builders
 - Heart health
 - People looking to increase their dietary intake of protein without increasing their intake of saturated fats, cholesterol or carbohydrates.

- **Athletes & Body Builders**
 - Soy Protein has a high biological value for lean body mass development, protein sparing effect and is a good source of isoflavones.*
 - Branched Chain Amino Acids benefit muscle metabolism and provide energy directly to muscle tissue.*
 - One serving of our Soy Protein Powder provides higher levels of Branched Chain Amino Acids than found in milk, egg or whey protein products.

- **Weight Loss & Low Carb Diet**
Soy Protein Powder is a great addition to any weight management program, not as a meal replacement but as a source of energy and to curb appetite.* Many find their appetite at mealtime is reduced when they've had our Soy Protein Powder Drink as a mid-morning or mid-afternoon snack.*

One serving provides 26 grams of high quality protein. It's a delicious, low calorie, low fat, low carbohydrate drink that's sugar and cholesterol free!

- **Heart Health:**
 - Isoflavones support cardiovascular, bone and hormone functions in men and women.*
 - 25 grams of soy protein a day, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.*

Supplement Facts Amount per Serving

Calories	110
Calories from Fat	10
Total Fat	1 g
Total Carbohydrate	2 g
Protein	26 g
Thiamin	0.05 mg
Riboflavin	0.03 mg
Folic Acid	56 mcg
Biotin	8 mcg
Calcium	56 mg
Iron	4 mg
Phosphorus	224 mg
Magnesium	14 mg
Zinc	1 mg
Copper	0.3 mg
Manganese	4207 mcg
Sodium	393 mg
Potassium	56 mg

Chocolate flavor #400 = Other Ingredients: SUPRO® Brand Soy Protein Isolate, xylitol, cocoa powder, sucralose.

Vanilla flavor #401 = Other Ingredients: SUPRO® Brand Soy Protein Isolate, xylitol, natural vanilla flavor, sucralose.

- **Contains: Soy.**

Warning: Very low calorie protein diets (below 400 Calories per day) may cause serious illness or death. Do Not Use for Weight Reduction in Such Diets Without Medical Supervision. Not for use by infants, children, or pregnant or nursing women.

- **Suggested Use:** As a dietary supplement, stir one scoop (30 grams) in 8 oz of water, soymilk or juice.

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0600401.016 (1 lb Container) Creamy Vanilla
0600400.016 (1 lb Container) Creamy Chocolate

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease

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