



# DMG

- **A dietary supplement to support immune system, circulatory, cardiovascular and neurological functions, muscle recovery and endurance.\***
- **DMG** is an adaptogen that can be used to maintain good health and benefit performance and productivity.\*
- As a metabolic enhancer, DMG supports the body in times of stress, throughout the aging process, and during immune system challenges.\*
- **DMG** is an intricate part of human metabolism and has been used in the health field as a nutritional supplement for over 25 years.
- Research and clinical experience has shown that DMG supplementation supports:
  - Physical and mental performance.\*
  - Oxygen utilization.\*
  - Strengthening of both arms of the immune system, including antibody, lymphocyte and cytokine production.\*
  - Detoxification, especially in the liver.\*
  - Circulation and vascular health.\*
  - Glucose and fat metabolism.\*
  - Blood pressure, cholesterol, triglycerides, and homocysteine levels within normal ranges.\*
  - Physical and mental energy levels by reducing lactic acid build-up during periods of stress.\*
  - Mental alertness and brain function.\*
  - Overall body health by acting as an indirect methyl donor and providing useful building units for the biosynthesis of vitamins, hormones, neurotransmitters, antibodies, and nucleic acids.\*
- **DMG** has been awarded 3 U.S. Patents in the area of immune response.

**Supplement Facts**

**DMG 125 mg**

**Each foil wrapped tablet contains:**

N,N-Dimethylglycine 125 mg

Other ingredients: none.

**Suggested Use:** As a dietary supplement, dissolve 1 tablet under tongue, 3 times daily.

125 mg Tablets  
0600380.090 (90 Tablets)  
0600380.120 (120 Tablets)

**DMG 250 mg Chewable  
250 mg Chewable Tablet**

**Each chewable tablet contains:**

N,N-Dimethylglycine 250 mg

Other ingredients: xylitol, malic acid, stearic acid, vegetable stearate, silicon dioxide.

**Suggested Use:** As a dietary supplement, take 1 chewable tablet, once or twice daily.

250 mg Chewable Tablets  
0600382.090 (90 Tablets)

**DMG 500 mg chewable  
500 mg Chewable Tablet**

**Each chewable tablet contains:**

N,N-Dimethylglycine 500 mg

Other ingredients: xylitol, malic acid, natural cherry flavor, zeaxanthin, vegetable stearate, silicon dioxide.

**Suggested Use:** As a dietary supplement, take 1 chewable tablet, once or twice daily.

500 mg Chewable Tablets  
0600393.060 (60 Cherry Flavored Tablets)

**DMG 300 mg Liquid**

**Each ml contains:**

N,N-Dimethylglycine 300 mg  
(Each drop equals 15 mg of DMG)

Other ingredients: purified water.

**Suggested Use:** As a dietary supplement the following is recommended:

Age:	Maintenance:	Active:
Under 2 yrs	3-5 drops daily	5 drops twice daily
2-5 yrs	6 drops daily	0.5 ml twice daily
5-12 yrs	0.5 ml daily	1.0 ml twice daily
12 yrs - adult	1.0 ml daily	1.0 ml 2-4 times daily

300 mg Liquid  
0600592.002 ( 2 fl oz/ 60 ml Liquid)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease

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