



SENIOR SUPERIOR®

Senior Superior® is rich in antioxidants and contains many nutrients and herbs not found in other senior multiples.

Nutrients such as:

Coenzyme Q10 - An antioxidant and a naturally occurring cofactor involved in the production of cellular energy. After age 35, most people will develop a Coenzyme Q10 deficiency. Low levels of Coenzyme Q10 in the body have been associated with obesity, cardiovascular insufficiencies, unhealthy gum tissue and impaired immune response.

Alpha Lipoic Acid - An antioxidant that is both fat and water soluble. It regenerates other antioxidants like Vitamins C & E and Glutathione prolonging their existence in the body.*

Ginkgo biloba - The active components of Ginkgo biloba leaves are ginkgo flavone glycosides that act as free radical scavengers to protect cell membranes of the brain and other tissues.*

Bilberry Extract - The active components of bilberries are anthocyanides. In Europe, anthocyanides have been used for their effects on capillary strength, collagen enhancement, improvement in brain function, circulation and some eye disorders.*

Glutamic Acid - The brain converts glutamic acid to a compound that regulates brain cell activity.

Phosphatidylserine (PS) - Is a phospholipid and found in the highest concentration in brain cells. It supports the brain's ability to utilize glucose (the brain's main food) and allows brain cells to communicate and metabolize better.*

Lutein - The macular pigment consists of two carotenoids— Lutein and Zeaxanthin. Supplementing with Lutein may help support those at risk of cataracts by inhibiting free radical damage and increasing the thickness of the macular pigment.*

Lycopene - A carotenoid extracted from tomatoes. Low serum levels of lycopene in the body have been associated with increased risk of bladder, pancreas and prostate problems and macular degeneration.

Bioperine™ - Bioperine™ a trademarked nutrient (of Sabinsa Corp.) can increase the uptake of certain nutrients such as Beta-carotene, Vitamin B6 and selenium in the body.

Gamma Linolenic Acid (GLA) - An essential fatty acid extracted from the seeds of the evening primrose plant. GLA is necessary for the production of hormone-like substances in the body called prostaglandin E1 (PGE1). Aging, stress and degenerative disorders have all been associated with low levels of PGE1 in the body.*

Digestive Enzymes - This combination of vegetarian digestive enzymes aids the body in digesting and absorbing food nutrients that are not easily assimilated.*

Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving

Vitamin A (2,000 IU as Palmitate & 7,500 IU as beta carotene)	9,500 IU
Vitamin C (as Ascorbic Acid and Calcium Ascorbate)	300 mg
Vitamin D3 (as Cholecalciferol)	200 IU
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU
Vitamin K1 (as Phytonadione)	2.5 mcg
Thiamin	25 mg
Riboflavin	25 mg
Niacin (as Niacinamide)	25 mg
Vitamin B6 (as Pyridoxine HCl 90%, P-5-P 10%)	25 mg
Folic Acid	200 mcg
Vitamin B12 (as Methylcobalamin)	25 mcg
Biotin	150 mcg
Pantothenic Acid (as Ca Pantothenate)	25 mg

Calcium (as Ca Citrate)	300 mg
Iodine (from Kelp)	35 mcg
Magnesium (as Mg Carbonate)	150 mg
Zinc (as Zn Gluconate)	10 mg
Selenium (as Se AAC)	25 mcg
Copper (as Cu AAC)	0.025 mg
Manganese (as Mn Gluconate)	2.5 mg
Chromium (as Cr Polynicotinate)†	25 mcg
Molybdenum (as Mo AAC)	25 mcg
Potassium (as K Citrate)	25 mg
Boron (as B AAC)	0.5 mg
Silicon (from Horse Tail Rush)	3 mg
Vanadium (as V AAC)	10 mcg
Choline (as Choline Bitartrate)	50 mg
Inositol	25 mg
PABA (Para-aminobenzoic Acid)	25 mg
L-Cysteine (enteric coated)	25 mg
Glutamic Acid	25 mg
DL-Methionine (enteric coated)	25 mg
L-Aspartic Acid	50 mg
Phosphatidylserine	12.5 mg
Octacosanol	500 mcg
Soy Lecithin	50 mg
Gamma Linolenic Acid	2.5 mg
Alpha Lipoic Acid	15 mg
Coenzyme Q10	5 mg
Lycopene	2.5 mg
Bioperine™	2.5 mg
Ginkgo Biloba	5 mg
Lutein	1.5 mg
Bilberry Extract (4:1)	20 mg
RNA (Ribonucleic Acid)	5 mg
Mixed Citrus Bioflavonoids	100 mg
Hesperidin	12.5 mg
Rutin	12.5 mg
Pectin	12.5 mg
Betaine HCl	15 mg
Bromelain	2 mg
Papain	2 mg
A proprietary blend of vegetarian enzymes (amylase protease, lipase, hemicellulase, and lactase)	10 mg

†ChromEMate® brand niacin-bound chromium.
Other ingredients: stearic acid, cellulose, silicon dioxide, pharmaceutical glaze.

Contains: Soy.

Suggested Use: As a dietary supplement, take 3 tablets with breakfast and 3 tablets with lunch.

ChromEMate® is a registered trademark of InterHealth N.I.



0600197.180 (180 Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat cure or prevent any disease